



## FEBRUARY 2020: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>(V) Cheesy Garlic Bread</b> with Marinara Dipping Sauce  <b>Baked Broccoli</b>  <b>New York Cookie Treat</b>	<b>Baked Chicken Bites</b>  <b>Mashed Potatoes</b>  <b>Buttermilk Biscuit</b>	<b>Hamburgers &amp; Cheeseburgers</b>  <b>Baked French Fries</b>	<b>Chicken Dumplings</b>  <b>Teriyaki Green Beans</b>  <b>Fresh New York Apples</b>	<b>(V) !!! PIZZA !!!</b>  <b>Cold Chickpea Salad</b>  <b>Ranch Carrot Snackers</b>
10	11	12	13	14
<b>(V) Mac-n-Cheese</b>  <b>Creamed Spinach</b>  <b>Toasted Garlic Knot</b>	<b>Roasted Chicken</b>  <b>Curried Cauliflower</b>  <b>Warm Dinner Roll</b>	<b>BBQ Chicken Sliders</b>  <b>Baked Sweet Potato Waffle Fries</b>  <b>Baked! Tostitos® Scoops®</b> Served with <b>Salsa Cup</b>	<b>Jamaican Beef Patty</b>  <b>Seasoned Roasted Potato Wedges</b>  <b>New York Cookie Treat</b>  <b>Fresh New York Apples</b>	<b>(V) !!! PIZZA !!!</b>  <b>Cold Chickpea Salad</b>  <b>Ranch Carrot Snackers</b>
Midwinter Recess 17	Midwinter Recess 18	Midwinter Recess 19	Midwinter Recess 20	Midwinter Recess 21
<b>(V) Southwest Burrito</b> Served with <b>Salsa Cup</b>  <b>Creamed Spinach</b>	<b>Baked Chicken Tenders</b> With Dipping Sauce  <b>Corn, Peas &amp; Carrots</b>  <b>Garlic Knot</b>	<b>Sweet and Sour Chicken</b> with <b>Vegetable Rice</b>  <b>Teriyaki Green Beans</b>	<b>New York Beef Hamburgers &amp; Cheeseburgers</b>  <b>Baked New York French Fries</b>  <b>Fresh New York Apples</b>	<b>(V) !!! PIZZA !!!</b>  <b>Cold Chickpea Salad</b>  <b>Ranch Carrot Snackers</b>
24	25	26	27	28
<b>(V) Cheesy Garlic Toast</b> with Marinara Dipping Sauce  <b>Baked Broccoli</b>	<b>Baked Chicken Bites</b>  <b>Mashed Potatoes</b>  <b>Warm New York Dinner Roll</b>	<b>Fish &amp; Cheese Sandwich</b>  <b>Baked French Fries</b>  <b>Baked! Tostitos® Scoops®</b>	<b>Chicken Dumplings</b>  <b>Vegetable Rice</b>  <b>Teriyaki Green Beans</b>  <b>Fresh New York Apples</b>  <b>New York Cookie Treat</b>	<b>(V) !!! PIZZA !!!</b>  <b>Cold Chickpea Salad</b>  <b>Ranch Carrot Snackers</b>
			<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<b>Daily Lunch Specials</b>  <ul style="list-style-type: none"> <li>• (V) Peanut Butter &amp; Jelly*</li> <li>• (V) Cheese Sandwich</li> <li>• (V) Hummus Grab &amp; Go</li> </ul>

### OFFERED DAILY

**Milk\***  
1% Low-fat  
Fat Free  
Whole Milk

**Dipping Sauce Cups**  
BBQ, Ranch,  
Honey Mustard, Hot Sauce  
Ketchup, Mayonnaise

**Fresh Fruit**

No Artificial flavors, colors,  
or sweeteners in all  
OFNS Products

**Dressings**  
Chipotle Ranch  
Balsamic Vinaigrette  
Ranch  
Asian Sesame  
Honey Mustard  
Caesar  
French  
Italian Vinaigrette

**Flavor Station**  
Granulated Garlic  
Red Pepper Flakes  
Parmesan Cheese

\*Alternative options are available upon request

(V) Indicates Vegetarian

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### ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK